



2025 Seminole Cross Country Schedule

Date	Meet	Location	HS Times
August 16	Derek Hernandez Memorial Relay	Andrews	TBA
August 23	LCU Rust Buster Relays	LCU Golf Course	VG 8:00 am VB 8:30am
August 30	Crane Invitational	Crane Golf Course	VB 9:00am JVG/VG 10:30am
September 6	Plains XC Invite	Plains	JVG: 12:00pm VG: 1:00pm VB: 1:30pm
September 13	LCU Chap Invite	LCU Golf Course	VG 9:15am VB 9:45am JVG 10:15am
September 20	Big Spring Invitational	Big Spring	TBA
September 27	Lubbock Invitational	Mae Simmons Park	JVG 10:00am VG 11:00am VB 11:30am
October 6	District 3-4A Meet	Andrews Golf Course	JVG 2:00pm VG 2:30pm VB 3:30pm
Oct. 20 - 21	Region 1 4A Meet	Mae Simmons Park	TBA
Oct/Nov. 31 - 1	UIL State Meet	Round Rock, TX	TBA

Head Coach: Cara Barnard

Principal: Erik Kirkpatrick

Athletic Director: Tri Danley

Superintendent: Glen Teal